



FA Power Play Rules for Mini Soccer 5 v 5 and 7 v 7 Format.

Development football is designed to create the best learning and fun experience for young players.

To ensure an imbalance in ability does not spoil this, the FA approved 'Power Play' as an option that mini-soccer and youth leagues can adopt.

The York and District Youth Football League have introduced the FA Powerplay Rule for the 2021/22 season for all mini soccer fixtures as per the **FA Standard Code of Rules 20 (F)** a copy of which can be found on the league website in the documents section.

- **5 v 5 – Under 7 and Under 8**
- **7 v 7 – Under 9 and Under 10**

As per the FA rules the league does not publish results for any development fixtures but requires results to be reported to the league by both teams for development group grading for the future.

FA Power Play Rules

- When the goal difference reaches 4, the losing team may field an **additional player**.
- If the goal difference reaches 6, the losing team may field another additional player (**taking the total up to 2 additional players**).
- At the point, the goal difference falls to 5, the losing team must **withdraw** one of their additional players.
- At the point, the goal difference falls to 3 the losing team must **withdraw their final additional player** (this does not need to be the same player that was put on as the additional player).

The table below will help explain the process.

Score		Goal Difference	What happens to player Numbers?	Under 9 Under 10 7 v 7	Under 7 Under 8 5 v 5
Red 3	Blue 0	3	No Change	7 v 7	5 v 5
Red 4	Blue 0	4	Blue Team BRING ON 1 extra player	7 v 8	5 v 6
Red 4	Blue 1	3	Blue Team REMOVE 1 extra player	7 v 7	5 v 5
Red 5	Blue 1	4	Blue Team BRING ON 1 extra player	7 v 8	5 v 6
Red 6	Blue 1	5	No Change	7 v 8	5 v 6
Red 7	Blue 1	6	Blue Team BRING on 1 extra player	7 v 9	5 v 7
Red 7	Blue 2	5	Blue Team REMOVE 1 extra player	7 v 8	5 v 6
Red 7	Blue 3	4	No Change	7 v 8	5 v 6
Red 7	Blue 4	3	Blue Team REMOVE 1 extra player	7 v 7	5 v 5

